

Healthy Bear has

Surgery



Note to parents: This coloring book about Healthy Bear's surgery experience will prepare your child for surgery at Children's Hospital of The King's Daughters. Please check with your nurse or doctor about what you need to do before and after your child's surgery.

My name is _____

The surgery I am having is _____

Surgery day is _____

I am bringing _____ **with me to the hospital.**

The doctor says Healthy Bear needs an operation.
This is called surgery.



Some children need to have an operation to make them feel better.



What do you think Healthy Bear is having surgery for?

Children never have an operation because they've been bad.

Healthy Bear packs his favorite toy to bring to the hospital.
You can too!



Healthy Bear reads to keep his mind off not eating or drinking (even water) before surgery. He gets a good night's sleep before he comes to the hospital.



Parents: You will be given instructions before surgery about when to stop your child's eating and drinking. At that point, try not to eat or drink in front of your child. Let the nurse know about any medications or vitamins your child takes. Keep your child busy so he or she will forget about eating or drinking.

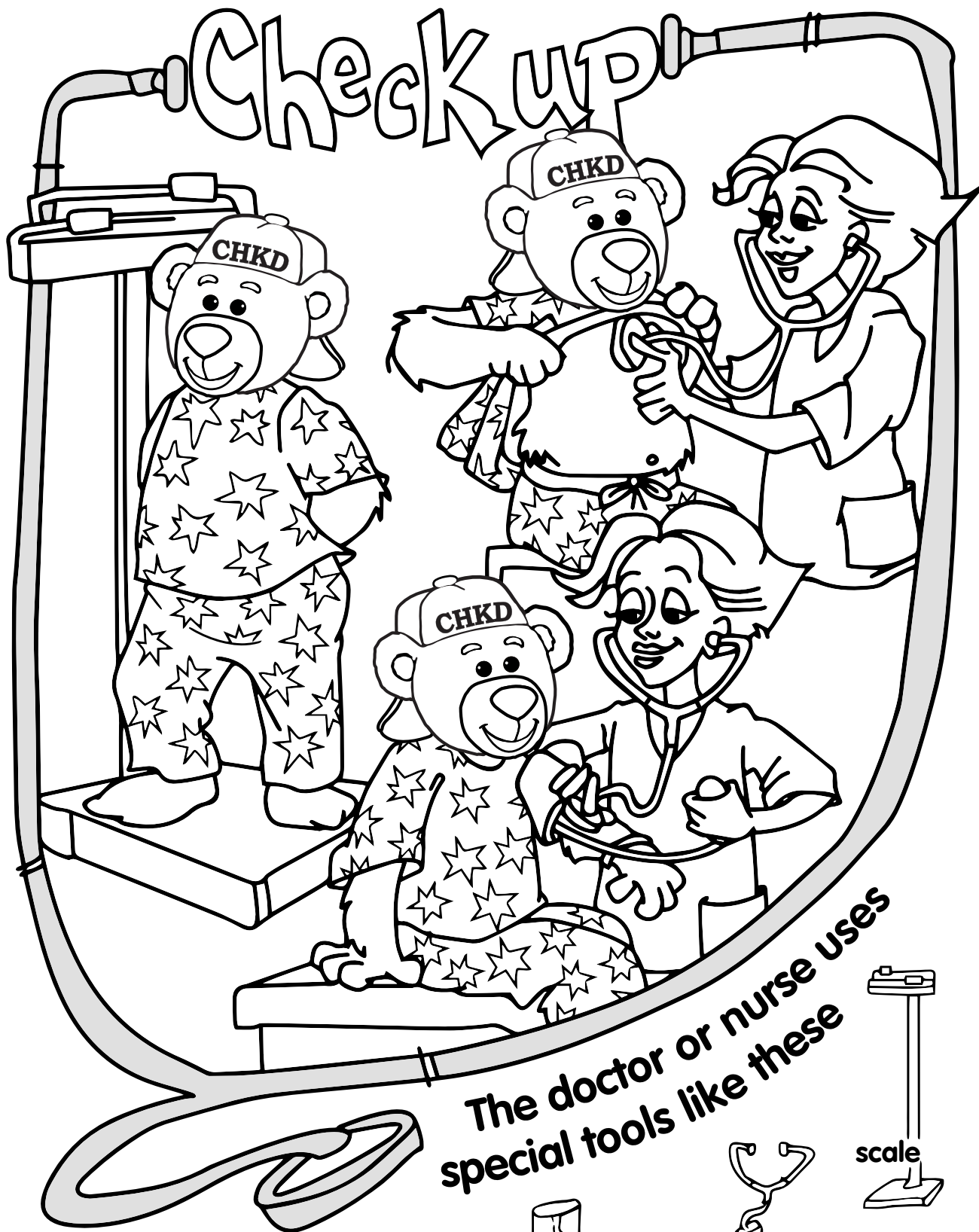
When Healthy Bear arrives for surgery, he gets a bracelet so everyone knows who he is.



Healthy Bear gets hospital clothes and socks to wear.



Healthy Bear gets a checkup before surgery.



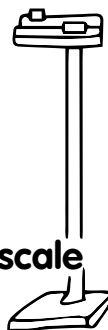
The doctor or nurse uses special tools like these



blood pressure cuff



stethoscope



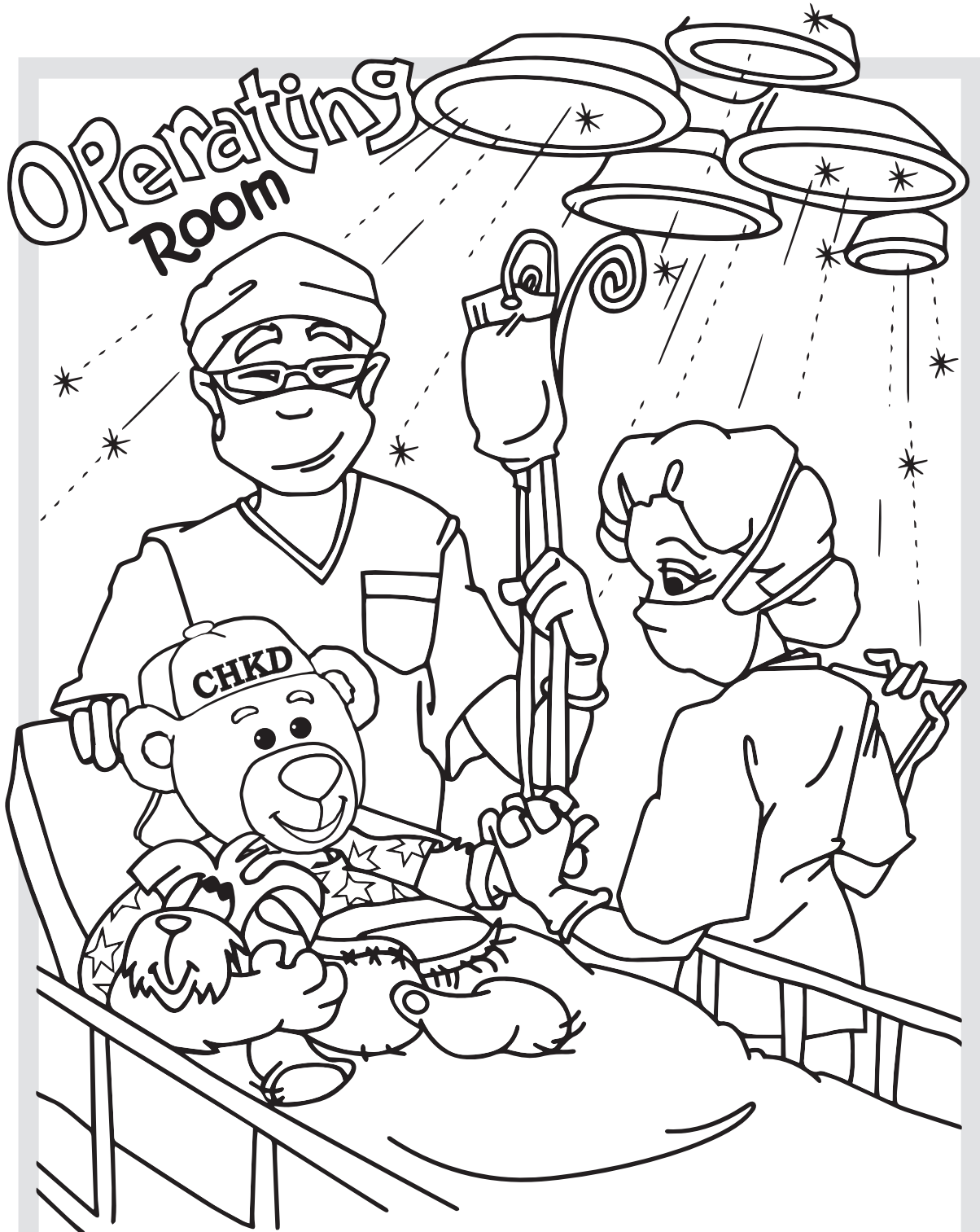
scale

Before his surgery, Healthy Bear waits in a special playroom with other children who are having operations.



**Soon he will go to the operating room.
Maybe he will ride there on a toy car or wagon!**

Healthy Bear goes to the operating room for his surgery.



The operating room has bright lights. The nurses and doctors wear hospital clothes, masks and hats to keep germs away from Healthy Bear. They are friendly people who are there to help him. The machines will not hurt him.

**Healthy Bear breathes into a special mask that makes him sleepy so he won't feel anything during the operation.
The air from the mask smells like bubblegum!**



After the operation, the doctor will wake him up.

After surgery, in the “wake up room,” Healthy Bear still feels sleepy and a little uncomfortable where he had his surgery. His parents are there to help him.



Healthy Bear has an IV in his paw that is giving his body fluid.

When Healthy Bear is wide awake, he can have a popsicle or some juice or maybe a slurpee.



The nurse takes his temperature. When the nurse removes his IV, he can get dressed and go home.

Soon Healthy Bear feels better.





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*The information in this booklet is provided by CHKD for general educational purposes.
For specific medical advice and/or treatment, you should contact your child's pediatrician or surgeon.*

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