



# Oncology Updates

for the Children's Cancer and Blood Disorders Center

## September is National Childhood Cancer Awareness Month!



## Survivor Day 2018

Moving Toward the Future



**Sunday, September 16, 2018**

**1 – 4 p.m.**

Bayville Farms Park  
4132 First Court Road  
Virginia Beach, VA 23455



- Free event
- Food & drinks
- Family fun
- Educational
- Honor your survivor

Our Survivor Day event, planned by nurses, social workers, child life specialists, education consultants, and others at CHKD, is an opportunity to gather with our oncology families at an outside venue and recognize their tremendous journeys with cancer.

To RSVP, please call Bryan Sellitti from Monday through Friday at (757) 668-6754.

## Support

### Parents and Caregivers Support Group

Tuesday, September 25, Noon – 1:30 p.m.

CHKD, 8th floor HemOnc conference room

Join other parents and caregivers of children with cancer for a support lunch. Please RSVP to Rebecca Ruck at (757) 668-9617 or Kelly Trejo at (757) 668-7931 to attend.

## Education Corner

### Flu Season: CCBDC Need-to-Knows

Many children who are treated at the CCBDC have decreased ability to fight infections, and being exposed to others with flu-like symptoms can be extremely dangerous.

Flu-like symptoms include:

- A temperature of 101°F or greater.
- Upper respiratory tract symptoms, such as a cough, runny nose, congestion, or sore throat.
- Diarrhea, vomiting, or body aches.

**If your child has flu-like symptoms** and is scheduled for a non-urgent appointment, contact the clinic prior to arriving for the appointment. If your child is scheduled for chemotherapy, a transfusion, or a procedure in the infusion area, and is ill with flu-like symptoms or a fever, please contact your child's primary nurse at **(757) 668-7243** for instructions on how to proceed. The CCBDC staff needs to make sure that proper isolation procedures are used. In a worst-case scenario, we may need to reschedule or postpone some elective admissions and/or therapies.

**If family members have flu-like symptoms**, we ask that they do **NOT** come to the CCBDC unless absolutely necessary. Please remember to limit the number of people during your child's clinic appointment to one or two. No siblings should accompany patients in the clinic, especially during flu season.

Influenza (flu) vaccines are a great protection against the illness. All CHKD staff are required to get the vaccine. CCBDC staff will receive the inactivated (injected) vaccine only. We highly recommend that all parents, siblings, and close contacts of our patients receive the **inactivated** flu shot vaccine.

