

# **Oncology Updates**

for the Children's Cancer and Blood Disorders Center





# **Clinic News**

## **Scholarship Opportunity**

Each year, The National Children's Cancer Society (NCCS) awards the Beyond the Cure Ambassador Scholarship to college-bound childhood cancer survivors. These scholarship winners are survivors who have demonstrated the ability to overcome the difficult challenges of cancer with determination and motivation. To date, the scholarship program has awarded over \$1 million in scholarship money to childhood cancer survivors across the country. The program is open to childhood cancer survivors under the age of 25, diagnosed before age 18, and who are planning to attend an accredited educational institution in the fall of 2019. Visit thenccs.org/scholarship to apply for the 2019-2020 Beyond the Cure Ambassador Scholarship Program.



# **Support**

#### **Parents/Caregivers Support Group**

Tuesday, January 22, Noon – 1:30 p.m. CHKD, 8th floor HemOnc conference room

Join other parents and caregivers of children with cancer for a support lunch. Call Kelly Trejo at (757) 668-7931 to attend.

### **Save These Dates**

St. Baldrick's Day 2019

Saturday, March 2 Time – TBD The Westin Virginia Beach

Visit stbaldrick.org and search Virginia Beach for details.

## **Education Corner**

#### Flu Season is in full swing

Many children who are treated at the CCBDC have decreased ability to fight infections, and being exposed to others with flu-like symptoms can be extremely dangerous. Flu-like symptoms include:

- A temperature of 101°F or greater.
- Upper respiratory tract symptoms, such as a cough, runny nose, congestion, or sore throat.
- Diarrhea, vomiting, or body aches.

If your child has flu-like symptoms and is scheduled for a non-urgent appointment, contact the clinic prior to arriving for the appointment. If your child is scheduled for chemotherapy, a transfusion, or a procedure in the infusion area, and is ill with flu-like symptoms or a fever, please contact your child's primary nurse at (757) 668-7243 for instructions on how to proceed. The CCBDC staff needs to make sure that proper isolation procedures are used. In a worst-case scenario, we may need to reschedule or postpone some elective admissions and/or therapies.

**If family members have flu-like symptoms**, we ask that they do **NOT** come to the CCBDC unless absolutely necessary. Please remember to limit the number of people during your child's clinic appointment to one or two. No siblings should accompany patients in the clinic, especially during flu season.

Influenza (flu) vaccines are a great protection against the illness. All CHKD staff are required to get the vaccine. CCBDC staff will receive the inactivated (injected) vaccine only. We highly recommend that all parents, siblings, and close contacts of our patients receive the **inactivated** flu shot vaccine.

