**Diabetes Supply Checklist**

**(Make sure you keep all of your diabetes supplies on hand)**

* Insulin(s)
* Oral medications if needed
* Pen needles and/or syringes
* Glucose meter and back-up meter
  + Extra batteries for meter
  + Can request cable/software to download meter
* Test strips
* Finger pricker
* Lancets
* Sharps container
* Ketone strips
* Alcohol wipes
* Glucagon kit(s)
* List of emergency phone numbers
  + Parents or guardian’s numbers
  + CHKD emergency number: 866-883-9886
  + CHKD diabetes center number: 757-668-8609
  + Number of closest hospital
  + 911
* Copy of insurance cards
* Diabetes ID (medical alert bracelet or necklace)
* Glucose tablets, juice box, etc. for low blood sugars
* Snacks
* Other health supplies:
  + Thermometer
  + Tylenol, Motrin, Benadryl, cold/allergy meds, etc.
  + First-aid kit, band aids, Neosporin, etc.
  + Sugar-free cough drops
* If you are on an insulin pump, you need ALL of the above, plus:
  + Sets/tubing or pods
  + Tape/dressings if used
  + IV prep, skin tac, unisolve, detachol, etc. if used
  + Reservoir or cartridges
  + Record of current pump settings
  + Pump manual/contact numbers for pump’s customer service
  + Extra batteries
  + Can request cable/software to download pump
  + List of phone numbers for pump supply provider and know how to order if getting low on your supplies